

**MediaWise® VIDEO AND COMPUTER GAME ADDICTION SURVEY™**

**Are you concerned about your partner?**

Think about your partner's video game playing.  
Look at the statements below. If you agree with the statement, check the box.

**Agree**

- My partner feels great while playing a video game.
- My partner feels unhappy, cranky or irritable when not playing.
- My partner is angry when I ask him/her to stop.
- My partner craves more playing time.
- My partner thinks about the game when not playing.
- More and more of my partner's friends are "on line friends."
- More and more of my partner's friends are gamers.
- My partner neglects family and friends in order to play video games.
- My partner neglects responsibilities at home or at work.
- My partner tries to cut back on playing time but can't.
- My partner plays more often than he/she plans.
- My partner plays for longer periods than planned. He/she can't seem to quit.
- My partner sometimes lies about his/her playing time.
- My partner sometimes sneaks time to play. Sometimes late into the night.
- My partner spends more than twenty hours a week playing.
- My partner continues to play in spite of negative consequences.

- My partner has arguments with me about how much time he/she spends playing.
- My partner has large phone or credit bills for on-line games.
- My partner's fantasy life on-line has replaced our emotional life.
- My partner's games turn up as a top priority when he/she takes the *Mediawise "I'd Rather" Test*.

**The higher the number of boxes checked, "Agree", the more likely that video game addiction is a problem.**

**What should you do?**

**Resources**